

# 2019 IWF MASTERS WORLD CHAMPIONSHIPS



**AUGUST 16 - 24, 2019  
MONTREAL - CANADA**



## Technical Meeting /Final Verification

**THURSDAY 15 AUGUST 18:00 LOCATION TO BE ANNOUNCED**

DATE	Weigh-in	Start Time	No. of Lifters	Age Group	Body Wght. Category	Platform	Session
<b>FRIDAY</b>							
<b>16-08-19</b>							
<b>OPENING CEREMONY 14:45 - 15:45</b>							
	7:00	9:00	19	M80	ALL	A	1
	10:30	12:30	13	M75	55 - 81 kg	A	2
	10:30	12:30	10	M75	89 - + 109 kg	B	3
<b>45 minutes Opening Ceremony</b>							
	13:45	15:45	10	W70	ALL	A	4
	13:45	15:45	9	W65	ALL	B	5
	16:00	18:00	17	M70	55 - 73 kg	A	6
	16:00	18:00	17	M70	81 - +109 kg	B	7
<b>95</b>							
<b>Saturday</b>							
<b>17-08-19</b>							
	8:00	10:00	18	M65	55 - 73 kg	A	8
	8:00	10:00	22	M65	81 - +109 kg	B	9
	12:00	14:00	12	M60	55 - 73 kg	A	10
	12:00	14:00	10	M60	81kg	B	11
	14:30	16:30	14	M60	89 - 96 kg	A	12
	14:30	16:30	10	M60	102 +109 kg	B	13
<b>86</b>							
<b>Sunday</b>							
<b>18-08-19</b>							
	8:00	10:00	10	W60	45 - 59 kg	A	14
	8:00	10:00	11	W60	64 - +87 kg	B	15
	10:30	12:30	19	W55	45 - 64 kg	A	16
	10:30	12:30	21	W55	71 - +87 kg	B	17
	14:15	16:15	18	M55	55 - 73 kg	A	18
	14:15	16:15	24	M55	81 - 96 kg	B	19
<b>103</b>							
<b>Monday</b>							
<b>19-08-19</b>							
	8:00	10:00	16	M55	102 - +109 kg	A	20
	11:00	13:00	19	M50	55 - 73 kg	A	21
	11:00	13:00	20	M50	81 - 89 kg	B	22
	14:30	16:30	19	W50	45 - 49 kg	A	23
	14:30	16:30	16	W50	64 - 71 kg	B	24
<b>90</b>							
<b>Tuesday</b>							
<b>20-08-19</b>							
	8:00	10:00	16	W50	76 - +87 kg	A	25
	11:00	13:00	15	M50	96 - +109 kg	A	26
	13:45	15:45	15	W45	45 - 55 kg	A	27
	13:45	15:45	10	W45	59 kg	B	28
	16:30	18:30	20	W45	64 - 71 kg	A	29
	16:30	18:30	19	W45	76 - +87 kg	B	30
<b>95</b>							
<b>Wednesday</b>							
<b>21-08-19</b>							
	8:00	10:00	15	M45	55 - 73 kg	A	31
	11:00	13:00	20	M45	81 - 89 kg	A	32
	11:00	13:00	21	M45	96 - +109 kg	B	33
	14:30	16:30	16	W40	45 - 55 kg	A	34
	17:15	19:15	10	W40	59 kg	A	35
	17:15	19:15	10	W40	64 kg	B	36
<b>92</b>							



**CONGRESS OF NATIONS 19:00 LOCATION TO BE ANNOUNCED**

<b>Thursday</b>	8:00	10:00	20	W40	71 - 76 kg	A	37
<b>22-08-19</b>	8:00	10:00	16	W40	81 - +87 kg	B	38
	11:15	13:15	16	M40	55 - 73 kg	A	39
	11:15	13:15	10	M40	81 kg	B	40
	14:15	16:15	20	M40	89 - 96 kg	A	41
	14:15	16:15	22	M40	102 - +109 kg	B	42
			<b>104</b>				
<b>Friday</b>	8:00	10:00	23	M35	55 - 73 kg	A	43
<b>23-08-19</b>	8:00	10:00	20	M35	81 - 89 kg	B	44
	11:45	13:45	16	W35	45 - 55 kg	A	45
	11:45	13:45	10	W35	59 kg	B	46
	14:45	16:45	20	W35	64 - 71 kg	A	47
	16:45	16:45	17	W35	76 - 81 kg	B	48
			<b>106</b>				
<b>Saturday</b>							
<b>24-08-19</b>	8:00	10:00	14	W35	87 - +87 kg	A	49
	10:30	12:30	20	M35	96 - 102 kg	A	50
	10:30	12:30	15	M35	109 - +109 kg	B	51
			49				
<b>TOTAL ENTRIES</b>			<b>820</b>				
<b>BANQUET TIME AND LOCATION WILL BE ANNOUNCED</b>							