



ALPE ADRIA INTERNATIONAL WEIGHTLIFTING TOURNAMENT

Under support of:

Founded: 1965

Internet: <http://www.alpeadriaweightlifting.com>



20th Alpe Adria Master International Weightlifting Tournament Zala (HUN), 21st-23th of October 2022

Program

Friday 21st of October 2022

17:00 18:30 Arrival of Delegations to Hotel Arany Bány 8900 Zalaegerszeg, Széchenyi tér 1.
18:30 19:30 Technical Meeting at: Hotel Arany Bány

20:00 21:00 Dinner at: Hotel Arany Bány

Saturday 22th of October 2022

07:00 09:00 Breakfast

09:00 12:00 Free time (Cultural Programme: sight tour in the town market, downtown, visit of the Gőcsej Museum)

12:00 13:00 Lunch at: Hotel Arany Bány

13:00 – 14:00 Weigh in Group 1 and Group 2 at: Hotel Arany Bány Széchenyi tér 1 Zalaegerszeg.

14:30-15:00 Opening Ceremony and Presentation of Athletes Sport Hall 8900Zalaegerszeg, Stadion út 3

15:00 Competition Group 1

17:00 Competition Group 2

19:00 Victory ceremony

20:00 Gala Dinner at Restaurant Hotel Arany Bány

Sunday 23rd of October 2022

07:00 09:30 Breakfast and delivery of delegations

The registration forms, duly fulfilled, must be sent within Friday 30th of September 2022

To: dr.muhoray.arpad@gmail.com; takacst1971@gmail.com; ernozanetti@gmail.com; joze.zalubersek@siol.net

Prices:

1. Overnight stay in a single room: 65 Euro/day/person
2. Overnight stay in a double room: 96 Euro/day/2 person
3. Cost of meal: breakfast includes the price of hotel room
4. Dinner: 25 Euro/person; Lunch: 25 Euro/person
5. Cost of the Banquet: 35 Euro/person
6. Overnight stay (from Friday) in a full Board in a single room + banquet: 215 Euro/person
7. Overnight stay (from Friday) in a full Board in a double room+ banquet: 362 Euro/2 person=
181 Euro/person

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