

18th International Women Weightlifting Grand Prix

30th June - 2nd July 2023

Power Sport Park Dornbirn
Austria



Preliminary Entry: April, 19th, 2023
Final Entry: May, 24th, 2023

Organizer:

Powerpark Dornbirn – Vorarlberg - Austria

Info: Konrad Högg: women.weightlifting.grandprix@gmail.com

Mobil: 0043 – 660 – 36 35 156

Bank Account: IBAN: AT27 3400 0842 0446 3808, Bic: RZOOAT2L

18th International Women's Weightlifting Grand Prix

**Konrad Högg – Head of Organizing Committee,
Lanserhofstraße 32, Top 4
A-5020 Salzburg, Phone: 0043-660-3635156,
E-mail: women.weightlifting.grandprix@gmail.com**

Invitation to the 18th International Women's Grand Prix, 14th International Girls' Grand Prix, 12th International Kids' Grand Prix, 10th International Masters' Grand Prix and 6th International Open Class – unsanctioned – Weightlifting Grand Prix from June, 29th – 2nd July, 2023, in Dornbirn – Vorarlberg – Austria.

Important information:

- 1.) Room reservations for accommodation in Dornbirn - Austria can be made not later than April, 19th 2023. They have to be finalized no later than May, 24th 2023 using the Final Entry Form. For information on how to pay for accommodation see section "Accommodation" below.
- 2.) The technical meeting will be held on 29th June 2023 around 7 pm; the meeting venue will be published in time. – The competition will be held at Power Sport Park Dornbirn, Austria 30th June – 1st July 2023.
- 3.) Registration is done by the Preliminary Entry Form. It has to be sent by mail or e-mail no later than April, 19th, 2023. Change in Team Line-ups can be made no later than May 24th, 2023. The Final entry Form has to be sent by mail or E-Mail no later than May, 24th, 2023. Entries made after that will be charged the double fee.
- 4.) After the competition on Saturday, July, 1st 2023, the Grand Prix Party with Dinner will take place around 8 pm. The victory ceremonies for the winning teams, the three best overall Sinclair lifters, the best U-20, U-17, U-15, Masters and Open Class athletes will be held at the party.

Yours sincerely,

Konrad Högg – Head of the Organizing Committee
Rudolf Diem – President of the Club Power Park Dornbirn



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Lanserhofstrasse 32, Top 4, A-5020 Salzburg
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Salzburg – Dornbirn, February 2023

Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2023

- Organizer: Power Sport Park Dornbirn - Austria
Konrad Högg - Head of the Organizing Committee
Rudolf Diem – President of the Club
- Date: 29th June – 2nd July 2023
- Venue: Power Sport Park Dornbirn, Dr. Anton Schneider Straße 28, 6850
Dornbirn - Austria
- Weigh-in and start times: The final schedule will be published when final entry is completed.
- Admission: All athletes with a valid licence entered by clubs/federations using
the enclosed form
- Competition specifications: **Women's Grand Prix:**
Athletes born 2008 or earlier (15 years and older)!
- Scoring by Olympic total in ten weight categories:
**45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg &
+87 kg**
- Girls' Grand Prix: (13 – 14 years)**
Athletes born 2009 - 2010
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)**
Athletes born 2011 – 2015
Scoring by Sinclair points.
- Masters' Grand Prix:**
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55
years, scoring by SHMF (Sinclair-Huebner-Meltzer-Faber) points.

Open Class - unsanctioned:

The Open Class is open to athletes who do not hold a membership with their governing national weightlifting body, i.e. USAW, BVDG and the like. Athletes compete in the snatch and the clean and jerk using the International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR). Athletes currently suspended for violations of anti-doping regulations in any sport are not eligible to compete at the Women Grand Prix.

Scoring by Olympic total in ten weight categories:

45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg

If the number of competitors in one weight category is too small one winner for two or more categories will be determined using Sinclair points.

Team scoring: Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

Women's Grand Prix:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

Masters' Grand Prix:

The first three athletes overall according to SHMF (Sinclair-Huebner-Meltzer-Faber) points will be awarded prizes. All participants will receive certificates.

Open Class – unsanctioned:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates.

Accreditation: Entry fees:
Kids & Girls (born 2015 – 2009): 70 Euro

Seniors – Masters – Open Class – coaches – team leaders: 80 Euro

Accreditation of referees is free of charge.

The due amount has to be paid to the bank account mentioned below no later than May, 24th 2023 which is also the Final Entry date.

Incurring banking fees will have to be paid by the participant.

Account holder: Konrad Högg
Bank Adress: Vogelweiderstrasse, A-5020 Salzburg
Bank: Hypo Bank Salzburg
IBAN AT27 3400 0842 0446 3808
BIC: RZOOAT2L

Entry after 24th May 2023: The entry fee for entering an athlete later than May, 24th, 2023 is 140 Euros for Kids & Girls and 160 Euro for Seniors/Masters/Open Class/Coaches/Team leaders.

Accommodation: Hotel fees is paid not later than May, 24th, 2023.

**Prices include room and breakfast per night +
Local tax is 2 Euro per night is to pay by the hotel in cash self.**

Single Room: 80 – 95 Euro
Double Room: 110 – 130 – 140 or 150 Euro for two person
We have three Hotel in Dornbirn 1 – 2 km to the Competitionhall
and two Hotel in Hohenems 9 km to the Competitionhall.

Account Name: Konrad Högg
Adresse der Bank: Vogelweiderstrasse, A-502 Salzburg
Bank Name: Hypo Bank Salzburg
IBAN AT27 3400 0842 0446 3808
BIC: RZOOAT2L

Incurring banking fees will have to be paid by the participant.

Further Information: “After Competition Party” for athletes, coaches and officials holding an accreditation, guests are welcome the price is 30 Euro per Person.

Preliminary entry date: 19th April 2023 (date of postage stamp or e-mail!)

Final entry date: 24th May 2023 (date of postage stamp or e-mail!)

Registration: By mail to:
Konrad Högg,

E-mail: women.weightlifting.grandprix@gmail.com

Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

Doping test:

Doping tests can occur at the competition. The selected athletes will be informed immediately after the end of their group's competition. If an athlete fails to appear at the testing commission in time, this will be regarded as a positive test including the corresponding sanctions.

In the case of a positive drug test the participant will be personally liable for the incurring costs!

Other information:

Participation in the competition is at each lifter's own risk. The administrative and technical rules of the IWF will be applied.

Visas:

All participants must check if a visa is required for their entry to Austria. Should visa be required, participants will have to apply for the visa in the Austria Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

Accommodation:

Please book by contacting Konrad Högg,
e-mail: women.weightlifting.grandprix@gmail.com
not later than 19th April 2023 Changes
can only be made before 24th May
2023.

Signed:

Konrad Högg – Head of the Organizing Committee
Rudolf Diem – President of the Club Powerpark Dornbirn

Information :

1st place – 3rd place based on Sinclair points receive prize money

Provisionary schedule:

Thursday, June, 29th, 2023

Arrival

7pm: Technical meeting

Friday, June, 30th 2023

Competition

Saturday, July, 1st 2023

Competition

Grand Prix Party

Sunday, July, 2nd , 2023

Departure