



**Preliminary Entry: June 25<sup>th</sup>, 2025**

**Final Entry: July, 22<sup>nd</sup>, 2025**

**Organizer:**

ESV Wels – Upper Austria

Info: Konrad Högg: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Mobil: 0043 – 660 – 36 35 156

**Bank Account: IBAN: AT27 3400 0842 0446 3808, Bic: RZOOAT2L**



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**SANTORINI**  
RESTAURANT

# 20<sup>th</sup> International Women's Weightlifting Grand Prix

**Konrad Högg – Head of Organizing Committee,  
A- Pramet 45, 4925 Pramet, Phone: 0043-660-3635156  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)**

**Invitation to the 20<sup>th</sup> International Women's Grand Prix, 16<sup>th</sup> International Girls' Grand Prix, 14<sup>th</sup> International Kids' Grand Prix, 12<sup>th</sup> International Masters' Grand Prix from August, 21<sup>st</sup> – 24<sup>th</sup>, August, 2025, in A-4600 Wels – Upper Austria.**

## **Important information:**

- 1.) Room reservations for accommodation in Baden near Vienna - Austria can be made not later than June 25<sup>th</sup>, 2025. They have to be finalized no later than July 22<sup>nd</sup>, 2025, using the Final Entry Form. For information on how to pay for accommodation see section "Accommodation" below.
- 2.) The technical meeting will be held on 21<sup>st</sup> August 2025 around 7 pm; the meeting venue will be published in time. – The competition will be held at "Veranstaltungshalle ESV Wels, Flugplatzstraße 8, A- 4600 Wels" 22<sup>nd</sup> & 23 August 2025.
- 3.) Registration is done by the Preliminary Entry Form. It has to be sent by mail or e-mail no later than June 25<sup>th</sup>, 2025. Change in Team Line-ups can be made no later than July 22<sup>nd</sup>, 2025. The Final entry Form has to be sent by mail or E-Mail no later than July 22<sup>nd</sup>, 2025. Entries made after that will be charged double the fee.
- 4.) After the competition on Saturday, August, 23<sup>rd</sup> 2025, the Grand Prix Party with Dinner will take place around 8 pm. The victory ceremonies for the winning teams, the three best overall Sinclair lifters, the best U-20, U-17, U-15, Masters and Open Class athletes will be held at the party.

Yours sincerely,

Konrad (Conny) Högg – Head of the Organizing Committee  
Brigitte Pfaffenberger – President of the Weightlifting ESV Wels



# 20<sup>th</sup> International Women's Weightlifting Grand Prix

Konrad Högg – Head of the Organizing Committee,  
A-4925 Pramet 45 - Austria  
Phone: 0043-660-36 35 156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Pramet – Wels, January 2025

## **Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2025**

- Organizer: Weightlifting Club ESV Wels – Upper Austria  
Konrad Högg - Head of the Organizing Committee  
Brigitte Pfaffenberger – President of the Club
- Date: 21<sup>st</sup> – 24<sup>th</sup> August 2025
- Venue: Veranstaltungshalle ESV Wels  
Flugplatzstraße 8, A-4600 Wels – Upper Austria
- Weigh-in and start times: The final schedule will be published when final entry is completed.
- Admission: All athletes with a valid licence entered by clubs/federations using the enclosed form
- Competition specifications: **Women's Grand Prix:**  
Athletes born 2010 or earlier (15 years and older)!
- Scoring by Olympic total in ten weight categories:  
**48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, 86 kg & +86 kg**
- Girls' Grand Prix: (13 – 14 years)**  
Athletes born 2011 - 2012  
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)**  
Athletes born 2013 – 2017  
Scoring by Sinclair points.
- Masters' Grand Prix:**  
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55 years, scoring by SHMF (Sinclair-Huebner-Meltzer-Faber) points.
- Team scoring: Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

Women's Grand Prix:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

Masters' Grand Prix:

The first three athletes overall according to SHMF (Sinclair-Huebner-Meltzer-Faber) points will be awarded prizes. All participants will receive certificates.

Accreditation:

Entry fees (incl. GP Party for Athlete & Coach):

Kids & Girls (born 2017 – 2011): 75 Euro – (non-refundable)

Seniors – Masters – Open Class – coaches – team leaders: 85 Euro (non-refundable)

Accreditation of referees is free of charge.

**The due amount has to be paid to the bank account mentioned below no later than July, 22<sup>nd</sup> 2025 which is also the Final Entry date.**

**Incurring banking fees will have to be paid by the participant.**

Account holder: Konrad Högg

Bank Address: Vogelweiderstrasse, A-5020 Salzburg

Bank: Hypo Bank Salzburg

**IBAN AT27 3400 0842 0446 3808**

**BIC: RZOOAT2L**

Entry after 22<sup>nd</sup> July 2025:

The entry fee for entering an athlete later than July, 22<sup>nd</sup>, 2025 is 150 Euros for Kids & Girls and 170 Euro for Seniors/Masters/Open Class/Coaches/Team leaders.

Accommodation: Hotel fees is paid not later than July, 22<sup>nd</sup>, 2025 (after 23 July 2025 non-refundable).

**Prices include room and breakfast per night**

Hotel A: (4,5 km from the sporthall) Total 60 Rooms

Single Room: 95 Euro (incl. Local Tax)

Twin Bed Room &

Double Room: 120 Euro for Two persone (incl. Local Tax)

Parkplace per Night 10 Euro

**Prices room but no breakfast per night (this Hotel booking so early as possible)**

Hotel B (2,3 km from the sporthall) Total 3 Single & 10 Doublebed, 3 Apartments for 3 person & 2 Apartments for 4 person.

Singleroom. 73 Euro (incl. Local Tax)

Doubleroom: 90 Euro (incl. LocalTax)

Apartment 3 person 125 Euro (incl. Local Tax)

Apartment 4 person 145 Euro (incl. Local Tax)

**For the apartments, there is a final cleaning fee of €50 if we have to clean the kitchen.**

**Large double kitchen on the ground floor, the Hofer grocery store is about 300 m away.**

Account Name: Konrad Högg

Adresse der Bank: Vogelweiderstrasse, A-502 Salzburg

Bank Name: Hypo Bank Salzburg

**IBAN AT27 3400 0842 0446 3808**

**BIC: RZOOAT2L**

**Incurring banking fees will have to be paid by the participant.**

**Further Information:**

“After Competition Party” for athletes, coaches and officials holding an accreditation, guests are welcome the price is 30 Euro per Person.

Preliminary entry date: 25<sup>th</sup> June 2025 (date of postage stamp or e-mail!)

Final entry date: 22<sup>th</sup> July 2025 (date of postage stamp or e-mail!)

Registration:

By mail to:

Konrad Högg,

E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

Further Information:

Transfer between the Airport Linz on request.

Doping test: Doping tests can occur at the competition. The selected athletes will be informed immediately after the end of their group's competition. If an athlete fails to appear at the testing commission in time, this will be regarded as a positive test including the corresponding sanctions.

**In the case of a positive drug test the participant will be personally liable for the incurring costs!**

Other information: Participation in the competition is at each lifter's own risk. The administrative and technical rules of the IWF will be applied.

Visas: All participants must check if a visa is required for their entry to Austria. Should visa be required, participants will have to apply for the visa in the Austria Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

Accommodation: Please book by contacting Konrad Högg, e-mail: women.weightlifting.grandprix@gmail.com not later than 25<sup>th</sup> June 2025 Changes can only be made before 22<sup>th</sup> July 2025.

Signed:

Konrad (Conny) Högg – Head of the Organizing Committee  
Brigitte Pfaffenberger – President of the Weightlifting Club ESV Wels

## Information :

1st place – 3<sup>rd</sup> place based on Sinclair points receive prize money

### Provisionary schedule:

**Thursday, August, 21<sup>th</sup>, 2025**

Arrival

7pm: Technical meeting

**Friday, August, 22<sup>th</sup> 2025**

Competition

**Saturday, August, 23<sup>th</sup> 2025**

Competition

Grand Prix Party

**Sunday, August, 24<sup>th</sup>, 2025**

Departure